

## 1. UPDATES FROM THE SCHOOL CLUB BASED RESILIENT COMMUNITY MODEL PROJECT

The School Club Based Resilient Community Model Project (SCBRCMP) is part of Plus Art's initiative in Nepal to boost community-level preparedness through creative disaster education. The project involves establishing **DRR Clubs** in model schools that work on not only student training and interest development but also community outreach and wider knowledge dissemination. After receiving training and support throughout the club development process, the model schools can share their proven methodology and resources with other schools, creating a virtuous cycle. School clubs can become an effective mechanism for knowledge dissemination by rallying the skills, creativity, and energy of member teachers and students to produce educational materials and implement coordinated outreach programs in their communities.

The three-year timeline of the SCBRCMP will build on the progress of previous projects and focus on further teacher training and curriculum development, and the formal integration of DRR education into school systems. Please read more details <u>on our website</u>.

The following articles are the latest updates from the project.



The SCBRCMP first-year annual report is now available here. The report provides the project background, summarizes key activities and developments, and discusses the project's future direction.





### 2. TEACHERS WORKSHOP ENRICHES DRR **KNOWLEDGE AND INSPIRES ACTION**

On October 5, teachers and faculty from the model schools participated in a Training of Trainers (ToT) workshop hosted at the Mitra DRR Learning Center. The one-day program incorporated game demonstrations and hands-on activities with lectures and group discussions to expand and reinforce the participants' understanding of DRR concepts while equipping them with effective teaching strategies.

Under the facilitation of the project coordinator, the teachers examined concepts such as vulnerability, exposure, sensitivity, and capacity, and explored preparedness, response, recovery, and prevention strategies. This introduced common language and knowledge frameworks that are foundational to further productive discussion. The teachers also tried different educational games, including a dodgeball game to illustrate the importance of collaboration in minimizing the impact of natural disasters.

After the workshop, the teachers expressed their dedication to implementing their learnings within their schools and broader communities.



#### **Dengue Awareness Game**

The Dengue Awareness Game is a fun and informative exercise that the teachers are enthusiastic to take back to their students. Dengue is a main theme of recent DRR club activities due to the current outbreak in Nepal.



#### **Hazard Risk Mapping**

The teachers surveyed different areas near the learning center in teams and used locally available materials to craft hazard risk maps. The groups presented their maps and discussed the identified hazards, gaining a deeper understanding of local risks.



## 3. DRR EDUCATION IS INTRODUCED AT ARNIKO SCHOOL, KATHMANDU





On November 7, a DRR event for third- and fourth-grade students was held at **Arniko Boarding School in Kathmandu**. The event started with a short play introducing disaster presented by volunteer student alumni. After, the children were taught first aid for bleeding and fracture wounds using locally available materials and then played the **Earthquake Awareness Game** with great enthusiasm. Students showcased and reflected on their learnings following the activities. The teachers also found the training to be very informative.



# BOSAI TIP OF THE MONTH

Heating can be expensive in winter. Wearing layers of clothing including a knit hat and humidifying the room can keep you warmer. Ensure doors and windows also do not have gaps for cold air to come in the room.

## 5. TEACHERS DEBRIEF JAPAN STUDY VISIT AND PRESENT ACTION PLAN

The teachers who participated in last month's study visit to Japan held a debrief meeting to share their takeaways, provide feedback on their experience, and finalize their one-year action plan with the Lalitpur Metropolitan City (LMC) and INSEC (counterpart organization). During the debrief, the teachers shared testimonies of their professional and personal development during the program. They all felt that the experience boosted their self-confidence and motivation as teachers and leaders of the DRR education initiative.



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### "Our study tour broadened our knowledge and equipped us with the tools and insights necessary to make a meaningful difference in our field."

Notable items of the action plan include:

- Developing a problem-solving game
- Creating map of evacuation centers
- Designing an earthquake drill
- Organizing regular visits to the DRR learning center
- Organizing community engagement campaigns such as a drawing competition

Delegates from the Lalitpur Metropolitan City and INSEC also felt energized by the study visit and offered to provide support for the action plan in their own capacities. For example, the LMC promised to provide schools with the necessary training equipment such as fire extinguishers and create a program for students to visit the local fire station. The LMC will also develop city-level disaster guidelines and a DRR curriculum for schools. As the counterpart organization, INSEC will help facilitate the expansion of the SCBRCMP to more municipalities and plan regular DRR education activities and promote the project within its network.

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## 6. JAPAN STUDY VISIT TEACHERS ORGANIZE EXPERIENCE SHARING PROGRAM



On December 1, the teachers returning from the Japan study visit hosted an experience sharing session for the other teachers of the project where they showcased their learnings, including various activities they experienced in Japan.

### **Smoke Evacuation Training**

The teachers used blindfolds and blankets to simulate crawling through a smoke-filled room.



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### **Bucket Relay**

Teaching different types of bucket relay is also a part of the teachers' action plan.

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### **Balloon Extinguisher**

The water balloon toss exercise was enjoyed by the session participants.

Paintings of fire were used to decorate the target.







